

### **EBA #2 Final Draft**

Thousands of people die each year due to obesity. In article A from The New York times called, “Should states ban junk food in schools” and article B from MedicalDaily.com called “Junk Food May Be Prohibited In School Lunches This Fall: Pending Law Sparks Obesity Debate” shows reasons about why obesity is a problem. People are debating whether or not schools should allow junk foods. Schools shouldn’t allow junk food because it causes obesity problems, causes addictions to eating, and schools should teach students the healthier way of eating.

First of all, junk foods should be prohibited from schools as they cause obesity problems. Many students get obese from eating junk food rather than healthy food. In the text of article A paragraph one acknowledges, “Nearly 300,000 people die each year from complications associated with obese or overweight.” Thousands are dying each year and many more deaths will come if this isn’t stopped. Schools should prohibit junk food in an effort to stop the amounts of death by obesity. Source B on paragraph four also acknowledges that, “One out of three children are obese.” A third of children are in danger of dying. If junk food isn’t allowed in schools than this would be less of a threat.

Secondly, junk food causes addictions. The attitude of children is changing based on what they eat and unhealthy food is addicting. Source B paragraph 6 explains about, “...junk food addictions.” It is not just unhealthy but it is also addicting. If children were stopped from eating junk food then eating addictions would stop as well. Paragraph 8 from the same article

researched, “As far as sugary snacks, new research shows sugar may be just as addicting as crack.” Both drugs and junk food are unhealthy and addicting. Therefore fast food should be banned from school to not allow an unhealthy addiction.

Third of all, schools should teach their students how to live a healthier way. Schools is a place to learn about good choices so they should teach children to eat healthy. Source A paragraph eleven remarks, “...an important part of education is learning to make good choices.” As this quote is true schools should consider teaching students to eat healthy. They are currently not doing this even though it's an important issue. Article B paragraph three noted that “...offering only healthy options at school will reduce obesity rates.” If schools listened to these arguments then obesity will be less of a problem. Students depend on teachers to learn about good choices. Although some may argue that schools should allow fast food for economical reasons, as they comment, “...to have “pouring rights” contracts and to allow food and beverage advertising to students.” People need to know that paying more money to save thousands of lives is far more important.

To conclude junk food should be banned from schools. The reason that they should be prohibited is it causes obesity, causes addictions, and schools should teach students the healthier way of eating.