

DWA ESSAY

Pokemon Go has trended on the year of 2016. Articles C, D, and E show benefits of playing Pokemon Go. This game has shown up a lot as a negative thing but the game offers more positive results. Teenagers should play Pokemon Go as the game has multiple benefits. This game can help people explore, reduces depression or anxiety, and it gives a healthier living style.

First of all, Pokemon Go will help you explore. Document D shows that business owners are happy and claim that, "...Pokemon Go has brought a lot of customers to their business." Shop owners now receive more money from the exploring people. This not only benefits the players but it also benefits the people that sell. As seen in the article "Is Pokemon Go Good for Our Society?" people, "...explore their towns while playing the app, they are discovering new stores, shops, restaurants, and local places." Pokemon Go has helped gamers explore but it also helped business economically.

Secondly, Pokemon Go reduces depression or anxiety. Document C shows a lot of statistics such as, "Improves mood, fights stress and depression." Document C explains that Pokemon Go can affect your feelings in a positive way. This can help teenagers with bad moods by giving them a distraction. Document E talks about "The app has the potential to benefit people who would not otherwise be motivated or able to leave the house due to fear or anxiety." This game can help you become more social as you interact with others to play. Pokemon Go has helped people with social anxiety communicate to other players. Pokemon Go helps improve your personal feelings by offering a chance to talk with others and giving people a distraction.

Third of all, Pokemon Go offers a healthier living style. Document C mentions health benefits from Pokemon Go like, "Protects against cancer and heart disease." In order to play Pokemon Go you are forced to walk to catch Pokemon Go to poke stops. The game is helping you physically which can reduce chance of getting a disease. The article called, "Health Benefits to Catching 'Em All" points out that, "1 hr of sitting." You can have fun playing and live healthy. You can only need three hours off playing Pokemon Go to complete twenty four hours. People may say that the game is dangerous as it can lead you to places such as construction sites but people can just pay more attention where their going. Plus the game does warn you to watch where you're going.

To conclude, teenagers should play Pokemon Go as it has multiple benefits. Pokemon Go helps people explore, reduces depression or anxiety, and offers a healthier living style. Pokemon Go is a great game as it helps people in many ways. It also is a next step to technology as more games could make a similar playing style. Games can be an inspiration for something big.

My score for this essay was a 4 and a 4